TOUR LENGTH: ONE DAY

# THE SOUL
## OF THE QUEEN CITY

Enjoy Southern comfort food at Mert's Heart & Soul, indulge in seasoned crab legs at Seafood Connection or snack on specialty popcorn at It's Poppin! Gourmet Kettle Korn. After feasting, take in the rich history of Charlotte's historic Brooklyn neighborhood at the Harvey B. Gantt Center for African-American Arts + Culture.

### RESTAURANTS

La'Wan's Soul Food

Cuzzo's Cuisine

The Yolk

Freshwaters

### FESTIVALS & EVENTS

Juneteenth Festival
JUNE

Yiasou Greek Festival
SEPTEMBER

Festival of India
OCTOBER

Hola Charlotte Festival
OCTOBER

### ACCOMMODATIONS

Ms. Elsie's Caribbean Bed & Breakfast

Drury Inn & Suites Charlotte University Place

Residence Inn Charlotte Airport – Marriott Hotels

Holiday Inn Charlotte Airport & Conference Center

### THINGS TO DO

CharLIT Apparel

Curio, Craft & Conjure

Red@28th

The Whitney Austin Collection Gallery of Art

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# MORNING

### BREAKFAST AT MS. ELSIE'S CARIBBEAN BED & BREAKFAST

Wake up to the sound of Caribbean steel drums inside this beloved bed and breakfast. One of the fabulous amenities that's offered includes a three-course Caribbean breakfast served alongside fresh herbal teas.

**DISTANCE TO NEXT STOP: 4.1 mi | 6.5 km | 13 minutes**

# AFTERNOON

### SHOP AT THE HOUSE OF AFRICA

Founded by Pape Seydou Ndiaye, who is originally from Senegal, this gift shop in Plaza Midwood offers jewelry, paintings and statues produced by artists from Africa and beyond. Ndiaye is also in charge of the annual Juneteenth festival, which pays homage to African culture.

**DISTANCE TO NEXT STOP: 7.3 mi |11.7 km | 21 minutes**

### LUNCH AT VELTREE VEGAN SOUL

Charlotte's first black-women owned vegan soul food restaurant has attracted celebrities over the years including singer Erykah Badu, NFL quarterback Cam Newton and singer Anthony Hamilton. This walk-up restaurant's menu items include chicken drumsticks, which are made of 100 percent tofu, and kale-ginger lemonade, a best-seller among customers.

**DISTANCE TO NEXT STOP: 7.4 mi | 11.9 km | 21 minutes**

# EVENING

### RELAX AT OASIS DAY SPA

Consistently voted one of Charlotte's best spas, Oasis specializes in a wide array of facials, face and body waxing and massage sessions. This rejuvenating retreat will restore jet lag in no time.

**DISTANCE TO NEXT STOP: 12.8 mi | 20.5 km | 25 minutes**

# MORE TO EXPLORE

### LIVE IT UP AT STATS RESTAURANT & BAR

This restaurant and bar is one of the hottest spots for locals and visitors alike to hang out and have a drink. Weekly events include NFL watch parties, live music and social mixers.